



**2155 E Conference Drive Tempe, AZ 85284**

Fax: [1-888-700-8257](tel:1-888-700-8257) | Call: [1-866-774-2673](tel:1-866-774-2673) | Email: [info@reveriepsychedelics.com](mailto:info@reveriepsychedelics.com)

## **Ketamine-Enhanced Psychotherapy: A New Treatment Option for Patients with Treatment Resistant Depression**

Major depressive disorder, treatment resistant depression and bipolar disorder may affect a large proportion of your patients. While there exist a number of therapies for the treatment of these conditions, some limitations include delayed onset of action, and failure to achieve a positive response.

**Ketamine**, a glutamate N-methyl-D-aspartate (NMDA) receptor antagonist, on the other hand has been shown to possess rapid antidepressant properties, with improved symptomatology within 2 hours and duration of antidepressant effects for up to a week<sup>1</sup>. Further, preliminary evidence suggests that when ketamine intervention is enhanced with psychotherapy, it may produce enduring benefits across a range of mental health disorders<sup>2</sup>.

Overall, research on ketamine's mechanism of action is providing new hope in the search for therapies to target treatment-resistant depression and affords insights into disorders of glutamatergic dysfunction.

### **About Reverie Psychedelics**

At Reverie Psychedelics, our goal is to be a leading voice in the mental wellness space. We are a private healthcare provider building mental wellness centers across the USA which will deliver intensive ketamine-enhanced psychotherapy, developed by leading psychiatrists and psychologists. For more information, please visit us at [www.reveriepsychedelics.com](http://www.reveriepsychedelics.com)

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<sup>1</sup> <https://www.ncbi.nlm.nih.gov/pubmed/32023492>

<sup>2</sup>

[https://ajp.psychiatryonline.org/doi/full/10.1176/appi.ajp.2019.19121242?url\\_ver=Z39.88-2003&rfr\\_id=ori%3Arid%3Aacrossref.org&rfr\\_dat=cr\\_pu b%3Dpubmed&](https://ajp.psychiatryonline.org/doi/full/10.1176/appi.ajp.2019.19121242?url_ver=Z39.88-2003&rfr_id=ori%3Arid%3Aacrossref.org&rfr_dat=cr_pu b%3Dpubmed&)

# Referral for Ketamine Assisted Psychotherapy Treatment

Fax to:  
1-(888) 700-8257

## 1. Patient Information

FIRST AND LAST NAME	HEALTH INSURANCE POLICY NUMBER	
VETERAN ID (if applicable)	DATE OF BIRTH (MM/DD/YYYY)	GENDER
ADDRESS	CITY / POSTAL CODE	
TELEPHONE (home) (mobile) Can a voicemail be left at this number for an appointment: Yes <input type="checkbox"/>   No <input type="checkbox"/>	PATIENT CARETAKER (if applicable)	
	EMAIL ADDRESS	

## 2. Health Information

### PRIMARY COMPLAINT:

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### TREATMENT / MEDICATIONS USED:

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### PATIENT DIAGNOSIS AND SYMPTOMS:

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### IMPORTANT:

Include recent investigation and consultation reports.

**PLEASE FAX ALL SUPPORTING DOCUMENTS TO 1-(888) 700-8257**

A consultation appointment will be scheduled once **ALL** the requested documentation has been received and reviewed.

## 3. Referring Physician Information

FIRST AND LAST NAME	
ADDRESS	CITY / POSTAL CODE
TELEPHONE	FAX
PHYSICIAN SIGNATURE	

## 4. Fax to: (888) 700-8257

Your patient will be contacted directly to schedule an appointment. A consultation report will be provided after the appointment.